Microwave guide

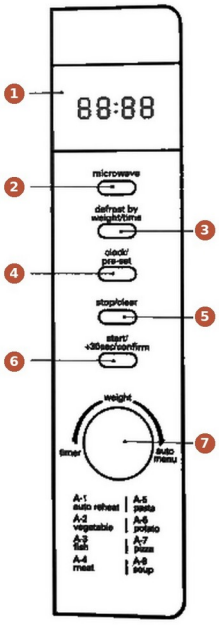
Kenwood K20MSS10E · 20 L microwave (kitchen)

Food in, door closed, press Start: +30 seconds with every press.

1 The controls



Pull the handle to open the door.



1. **Display** time, power (P100) and the clock.
2. **microwave** choose the power level.
3. **defrost by weight/time** thaw frozen food.
4. **clock/pre-set** set the clock (not needed).
5. **stop/clear** press once to pause, twice to cancel.
6. **start/+30sec/confirm** start, or add 30 seconds.
7. **Dial** turn to set the time, weight or auto programme.

2 Quick start: the easiest way

ONE BUTTON

Put the food in, close the door and press **start/+30sec** (6). It starts at **full power for 30 seconds**. **Each extra press adds 30 seconds.** Perfect for a cup of milk or reheating a plate.

3 Cook with your own power and time

1. Press **microwave** (2). The display shows **P100** (full power). Press it again to lower the power (see the table below).
2. Press **start** (6) to confirm the power.
3. Turn the **dial** (7) to set the time, e.g. **2:00** for 2 minutes.
4. Press **start** (6). The microwave beeps when it is finished.

Power levels (press microwave (2) to change)

Display	Power	Use it for
P100	100 %	Drinks, soup, reheating
P80	80 %	Cooking most dishes
P50	50 %	Meat, fish, gentle cooking
P30	30 %	Softening butter, slow thaw
P10	10 %	Keeping food warm

Auto programmes (dial clockwise)

Code	Food	Weights
A-1	Auto reheat	200 / 400 / 600 g
A-2	Vegetables	200 / 300 / 400 g
A-3	Fish	250 / 350 / 450 g
A-4	Meat	250 / 350 / 450 g
A-5	Pasta (with cold water)	50 / 100 g
A-6	Potatoes	200 / 400 / 600 g
A-7	Pizza (cooked slices)	200 / 400 g
A-8	Soup	200 / 400 ml

4 Auto programmes and defrosting

- **Auto programmes:** turn the **dial** (7) clockwise until the code appears (**A-1** to **A-8**), press **start**, turn the dial to the weight, press **start** again.
- **Defrost by weight:** press **defrost** (3) once (**dEF1**), turn the dial to the weight, press **start**. **By time:** press it twice (**dEF2**), set the time, press **start**.

- While defrosting, open the door from time to time and **turn the food over**, then close it and press **start** to continue.

5 Pause, stop and child lock

- **Opening the door** pauses cooking. Close it and press **start** (6) to continue.
- **stop/clear** (5): once to pause, twice to cancel.
- **Child lock:** hold **stop/clear** (5) for **3 seconds** (a lock symbol shows). Hold it again 3 seconds to unlock.

6 What can go in?

YES

Glass, ceramic and porcelain without metal trim, microwave-safe plastic, paper towel to cover food.

NO

Metal, aluminium foil, plates with gold or silver rims, closed jars and bottles, **eggs in their shell**.

7 Safety

SAFETY

- **Never run the microwave empty**: it can be damaged.
- **Metal causes sparks.** If you see sparks, press **stop/clear** at once.
- **Liquids can boil over suddenly** after heating. Wait a minute and stir before you take the cup out. Never heat baby bottles with the teat on.
- **Food and plates get very hot.** Use oven gloves, stir food, let it stand 1 to 2 minutes and check it is **hot all the way through**.
- Pierce sausages, potatoes and food in film so they do not burst. **Never leave the microwave unattended**, and if food catches fire **keep the door closed**, switch off and unplug it.

8 Quick fixes

Buttons do not react	The **child lock** is on. Hold **stop/clear** for 3 seconds.
Does not start	Close the door properly and press **start**.
Food still cold	Add time with **start/+30sec**, stir and let it stand.
Steam or light at the door	Normal. The door and vents let steam out safely.

Need help? WhatsApp / call +30 694 358 7818